SIZE CHART

SIZING

Sizing your shoes is a critical part of being able to enjoy your climbing, whether it's about pushing your grades or simply enjoying a day out with friends.

When fitting your shoes, you need to consider whether you're after performance or a relaxed fit profile, or anything in between.

A great starting point is your street shoe size (US).

Try to eliminate dead space in your shoe. This should provide you with confidence on the wall, without any unwanted rolling or movement under your weight.

MEN			WOM	WOMEN/ LV		
UK	EUR	JPN	USA	UK	EUR	JPN
1.0	33.0	200	4.0	1.5	34.0	205
1.5	34.0	205	4.5	2.0	34.5	210
2.0	34.5	210	5.0	2.5	35.0	215
2.5	35.0	215	5.5	3.0	35.5	220
3.0	35.5	220	6.0	3.5	36.0	225
3.5	36.0	225	6.5	4.0	37.0	230
4.0	37.0	230	7.0	4.5	37.5	235
4.5	37.5	235	7.5	5.0	38.0	240
5.0	38.0	240	8.0	5.5	39.0	245
5.5	39.0	245	8.5	6.0	39.5	250
6.0	39.5	250	9.0	6.5	40.0	255
6.5	40.0	255	9.5	7.0	41.0	260
7.0	41.0	260	10.0	7.5	41.5	265
7.5	41.5	265	10.5	8.0	42.0	270
8.0	42.0	270	11.0	8.5	42.5	275
8.5	42.5	275				
9.0	43.0	280				
9.5	44.0	285	KIDS			
10.0	44.5	290				
10.5	45.0	295	USA	UК	EUR	JPN
11.0	46.0	300	11K	10K	28.0	175
11.5	46.5	305	12K	11K	29.0	185
12.0	47.0	310	13K	12K	30.5	190
12.5	48.0	315	1.0	13K	31.5	195
13.0	48.5	320	2.0	1.0	33.0	200
14.0	49.5	330	3.0	2.0	34.5	210
	1.5 2.0 2.5 3.0 3.5 4.0 4.5 5.0 5.5 6.0 7.5 8.0 9.5 10.0 10.5 11.0 12.5 13.0	1.0 33.0 1.5 34.0 2.0 34.5 2.5 35.0 3.0 35.5 3.5 36.0 4.0 37.0 4.5 37.5 5.0 38.0 5.5 39.0 6.0 39.5 6.5 40.0 7.0 41.0 7.5 41.5 8.0 42.0 8.5 42.5 9.0 43.0 9.5 44.0 10.0 44.5 10.5 45.0 11.0 46.5 12.0 47.0 12.5 48.0 13.0 48.5	1.0 33.0 200 1.5 34.0 205 2.0 34.5 210 2.5 35.0 215 3.0 35.5 220 3.5 36.0 225 4.0 37.0 230 4.5 37.5 235 5.0 38.0 240 5.5 39.0 245 6.0 39.5 250 6.5 40.0 255 7.0 41.0 260 7.5 41.5 265 8.0 42.0 270 8.5 42.5 275 9.0 43.0 280 9.5 44.0 285 10.0 44.5 290 10.5 45.0 295 11.0 46.0 300 11.5 46.5 305 12.0 47.0 310 12.5 48.0 315 13.0 48.5 320	UK EUR JPN USA 1.0 33.0 200 4.0 1.5 34.0 205 4.5 2.0 34.5 210 5.0 2.5 35.0 215 5.5 3.0 35.5 220 6.0 3.5 36.0 225 6.5 4.0 37.0 230 7.0 4.5 37.5 235 7.5 5.0 38.0 240 8.0 5.5 39.0 245 8.5 6.0 39.5 250 9.0 6.5 40.0 255 9.5 7.0 41.0 260 10.0 7.5 41.5 265 10.5 8.0 42.0 270 11.0 8.5 42.5 275 290 9.5 44.0 285 KIDS 10.0 44.5 290 10.5 10.5 45.0 <td< td=""><td>UK EUR JPN USA UK 1.0 33.0 200 4.0 1.5 1.5 34.0 205 4.5 2.0 2.0 34.5 210 5.0 2.5 2.5 35.0 215 5.5 3.0 3.0 35.5 220 6.0 3.5 3.5 36.0 225 6.5 4.0 4.0 37.0 230 7.0 4.5 4.5 37.5 235 7.5 5.0 5.0 38.0 240 8.0 5.5 5.0 38.0 240 8.0 5.5 5.5 39.0 245 8.5 6.0 6.0 39.5 250 9.0 6.5 6.5 40.0 255 9.5 7.0 7.0 41.0 260 10.0 7.5 7.5 41.5 265 10.5 8.0 8.5 42.</td><td>UK EUR JPN USA UK EUR 1.0 33.0 200 4.0 1.5 34.0 1.5 34.0 205 4.5 2.0 34.5 2.0 34.5 210 5.0 2.5 35.0 2.5 35.0 215 5.5 3.0 35.5 3.0 35.5 220 6.0 3.5 36.0 3.5 36.0 225 6.5 4.0 37.0 4.0 37.0 230 7.0 4.5 37.5 4.5 37.5 235 7.5 5.0 38.0 4.5 37.5 235 7.5 5.0 38.0 5.0 38.0 240 8.0 5.5 39.0 5.5 39.0 245 8.5 6.0 39.5 6.0 39.5 250 9.0 6.5 40.0 6.5 40.0 255 9.5 7.0 41.0</td></td<>	UK EUR JPN USA UK 1.0 33.0 200 4.0 1.5 1.5 34.0 205 4.5 2.0 2.0 34.5 210 5.0 2.5 2.5 35.0 215 5.5 3.0 3.0 35.5 220 6.0 3.5 3.5 36.0 225 6.5 4.0 4.0 37.0 230 7.0 4.5 4.5 37.5 235 7.5 5.0 5.0 38.0 240 8.0 5.5 5.0 38.0 240 8.0 5.5 5.5 39.0 245 8.5 6.0 6.0 39.5 250 9.0 6.5 6.5 40.0 255 9.5 7.0 7.0 41.0 260 10.0 7.5 7.5 41.5 265 10.5 8.0 8.5 42.	UK EUR JPN USA UK EUR 1.0 33.0 200 4.0 1.5 34.0 1.5 34.0 205 4.5 2.0 34.5 2.0 34.5 210 5.0 2.5 35.0 2.5 35.0 215 5.5 3.0 35.5 3.0 35.5 220 6.0 3.5 36.0 3.5 36.0 225 6.5 4.0 37.0 4.0 37.0 230 7.0 4.5 37.5 4.5 37.5 235 7.5 5.0 38.0 4.5 37.5 235 7.5 5.0 38.0 5.0 38.0 240 8.0 5.5 39.0 5.5 39.0 245 8.5 6.0 39.5 6.0 39.5 250 9.0 6.5 40.0 6.5 40.0 255 9.5 7.0 41.0

CONSIDER THE MATERIAL USED IN THE UPPER OF THE SHOE

SYNTHETIC

Should meld to the shape of your foot over time. This may result in the shoes feeling a little roomier than when you first got them. May move up to 1/4 of a size.

LEATHER

Offers some great advantages on the foot, but you will need to factor in around 1/2 a size of movement over the first three months of climbing.

LINED LEATHER

With an added second fabric backing the leather upper, these should hold their sizing a little better than leather. May move up to 1/4 of a size.

